



DINNER MENU

STARTERS

Chef's Soup of the Day €6.50
Homemade House Bread Special
1 | 7 | 9 | 12

Tiger Prawns and Smoked Salmon €12.50
Mango Salsa & Rocket
2 | 4 | 7 | 10

The Maritime's Atlantic Chunky Chowder €10.50
"Róisín's" Homemade Brown Bread
1 | 2 | 4 | 6 | 7 | 9 | 11 | 12 | 14

Glenbeigh Mussels Starter €12.50
Parsley, Cream, Shallots & White Wine Sauce with Crispy Bread Main €18.50
1 | 7 | 9 | 12 | 14

Sticky Honey & Sesame Seeds Chicken Wings Starter €12.50
Main Served with Salad and Fries Main €17.50
1 | 6 | 7 | 10 | 11 | 12

Toonsbridge Salad €11.50
Heritage Tomatoes, Toonsbridge Floor Di Latte, Basil Dressing & Crispy Onions
1 | 7 | 10 | 12

Pan-Seared Bay Scallops €14.50
Celeriac, Puree, Samphire & Pea Shoots
7 | 14

SIDES €4.00

Creamy Champ Mash
7 | 12

Panache Vegetables
9

Chips
1

Mixed House Salad
10

Onion Rings
1 | 3 | 7

Allergens

1: Cereals containing gluten | 1w: Wheat | 1b: Barley | 1o: Oats | 1r: Rye | 2: Crustaceans | 3: Eggs | 4: Fish | 5: Peanuts | 6: Soy Beans, | 7: Milk/Dairy | 8: Nuts | 8a: Almonds | 8b: Brazil | 8c: Cashews | 8h: Hazelnuts | 8m: Macadamia | 8pe: Pecans | 8pi: Pistachios | 8w: Walnuts | 9: Celery | 10: Mustard | 11: Sesame Seeds | 12: Sulphites | 13: Lupin | 14: Mollusc

WE USE 100% IRISH BEEF ACROSS OUR KITCHENS



MAINS

Piri Piri Chargrilled Chicken Burger €18.50
Lettuce, Tomato, Chipotle Mayo, Brioche Bun & Chips
1 | 3 | 7 | 10 | 12

Crispy Castletownbere Fish & Chips €19.50
Sherkin Lass Beer Batter, Tartar Sauce & Mushy Peas
1 | 3 | 4 | 6 | 7 | 12

Chicken Supreme €21.50
Stuffed with Sage, West Cork Pudding & Apple, Tenderstem Broccoli & Peppercorn Sauce
1 | 3 | 6 | 7 | 9 | 12

Sri Lankan Black Curry (V) €16.50
Basmati Rice & Poppadom + Chicken €3.00
1 | 6 | 9 | 10 | 11 | 12

Mediterranean Pasta €16.50
Roasted Red Pepper Sauce & Garlic Bread + Chicken €3.00
1 | 3 | 7 | 9 | 12

Stacked Fastnet Signature Irish Beef Burger €19.50
Pulled Beef, Toonsbridge Scaramatta Smoked Cheese, Tomato, Lettuce, Relish, Brioche Bun & Chips
1 | 3 | 6 | 7 | 9 | 10 | 11 | 12

12 oz Char-Grilled Irish T- Bone Steak €32.50
Flat Cap Mushroom, Burnt Shallot, Fondant Potato, Chips
1 | 7 | 9 | 12

Roast of the Day €19.50
Fresh Seasonal Vegetables & Potatoes
1 | 7 | 9 | 10 | 12

Local Catch of the Day €21.50
Fresh Seasonal Vegetables & Potatoes
1 | 2 | 4 | 6 | 7 | 9 | 11 | 12 | 14

Please let your server know if you have any allergens so they can help you make the best choice as allergen free dishes may be available with substitutes. Traces of any allergen may be found in all dishes, so please specify your allergen to the server to guarantee the kitchen is aware.