



THE MARITIME BAR

Bantry • West Cork

ALL DAY MENU

STARTERS

Chef's Homemade Soup of the Day €6.75
"Róisín's" Homemade Brown Bread
1 | 7 | 9 | 12

The Maritime's Atlantic Chunky Chowder €11.50
"Róisín's" Homemade Brown Bread
1 | 2 | 4 | 6 | 7 | 9 | 12 | 14

Baked Goats Cheese & Portobello Mushroom €12.00
Beetroot & Roquette Salad
1 | 6 | 7 | 8 | 10 | 12

Glenbeigh Mussels Starter
Parsley, Cream, Shallots & White Wine Sauce with Crispy Bread
1 | 7 | 9 | 12 | 14 €12.50
Main €18.50

Sticky Honey & Sesame Seeds Chicken Wings Starter
Main Served with Salad & Fries
1 | 6 | 7 | 10 | 11 | 12 €12.50
Main €18.50

SIDES

€4.50

Creamy Champ Mash
7 | 12

Panache Vegetables
9

Chips
1

Mixed House Salad
10

Onion Rings
1 | 3 | 7

MAINS

Tiger Prawn & Monkfish Pasta €22.00
White Wine Sauce & Garlic Bread
1 | 2 | 3 | 4 | 6 | 7 | 9 | 12 | 14

Crispy Castletownbere Fish & Chips €20.50
Sherkin Lass Beer Batter, Tartar Sauce
1 | 3 | 4 | 6 | 7 | 12

Japanese Katsu Curry €20.50
Jasmine Rice & Pickled Cucumber.
With Chicken or with Tofu
1 | 3 | 6 | 7 | 9 | 11 | 12

6oz Vegan Burger €18.50
Toasted Bap, Red Onion Relish, Tomato, Lettuce, Chips
1 | 9 | 10 | 12

Stacked Fastnet Signature Irish Beef Burger €19.50
Pulled Beef, Scaramatta Smoked Cheese, Tomato, Lettuce, Relish, Brioche Bun & Chips
1 | 3 | 6 | 7 | 9 | 10 | 11 | 12

10oz Irish Sirloin Steak €32.50
Fried Onions, Choice of two sides & Choice of Garlic Butter or Peppercorn Sauce
1 | 6 | 7 | 9 | 10 | 12

Roast of the Day €19.50
Ask your server
1 | 7 | 9 | 10 | 12

Local Catch of the Day €22.50
Ask your server
1 | 2 | 4 | 6 | 7 | 9 | 12 | 14

Allergens

1: Cereals containing gluten | 1w: Wheat | 1b: Barley
1o: Oats | 1r: Rye | 2: Crustaceans | 3: Eggs | 4: Fish
5: Peanuts | 6: Soy Beans | 7: Milk/Dairy | 8: Nuts
8a: Almonds | 8b: Brazil | 8c: Cashews | 8h: Hazelnuts
8m: Macadamia | 8pe: Pecans | 8pi: Pistachios
8w: Walnuts | 9: Celery | 10: Mustard | 11: Sesame Seeds
12: Sulphites | 13: Lupin | 14: Mollusc

Please let your server know if you have any allergens so they can help you make the best choice as allergen free dishes may be available with substitutes. Traces of any allergen may be found in all dishes, so please specify your allergen to the server to guarantee the kitchen is aware.

WE USE 100% IRISH BEEF ACROSS OUR KITCHENS



Musgrave

