



THE MARITIME BAR
Bantry • West Cork

BRUNCH MENU

AVAILABLE DAILY 10.30AM - 12.30PM

Brunch Bagel	€12
Smashed Avocado, Chive Cream Cheese, With Smoked Salmon on Toasted Bagel 1w / 3 / 4 / 7 / 10 / 12	
Crispy Cod Goujons	€12
Aioli, Chips, Mixed Leaves 1w / 3 / 4 / 7 / 10 / 12	
Buttermilk Pancakes	€10
Choice of Nutella, Berry Compote, Lemon & Sugar 1w / 6 / 7 / 12	
Eggs Benedict	€12
Lightly Poached Eggs, Bacon on Toasted Brioche Coated in Rich Hollandaise 1w / 3 / 7 / 10 / 12	
Eggs Royale	€13
Lightly Poached Eggs, West Cork Salmon on Toasted Brioche Coated in Rich Hollandaise 1w / 3 / 4 / 7 / 10 / 12	
Breakfast Bruschetta	€12
Rashers, Poached Eggs, Mozzarella and Tomato Bruschetta with Pesto 1w / 3 / 7 / 10 / 12	
French Toast	€11
Choice of Nutella, Maple or Honey 1w / 3 / 6 / 7 / 10 / 12	
	Add Bacon +€2
Maritime Full Irish (Includes Tea & Coffee)	€15.50
(Vegetarian, Vegan & Gluten Free Option available)	
Fried Egg, Black & White Pudding, Two Sausages,	Mini €12.00
Two Rashers, Grilled Tomato, Hash Brown, Sautéed Mushroom 1w / 3 / 6 / 7 / 10 / 12	

Allergens

1: Cereals containing gluten | 1w: Wheat | 1b: Barley | 1o: Oats | 1r: Rye | 2: Crustaceans | 3: Eggs | 4: Fish | 5: Peanuts | 6: Soy Beans | 7: Milk/Dairy | 8: Nuts | 8a: Almonds | 8b: Brazil | 8c: Cashews | 8h: Hazelnuts | 8m: Macadamia | 8pe: Pecans | 8pi: Pistachios | 8w: Walnuts | 9: Celery | 10: Mustard | 11: Sesame Seeds | 12: Sulphites | 13: Lupin | 14: Mollusc

Please let your server know if you have any allergens so they can help you make the best choice as allergen free dishes may be available with substitutes. Traces of any allergen may be found in all dishes, so please specify your allergen to the server to guarantee the kitchen is aware.

WE USE 100% IRISH BEEF ACROSS OUR KITCHENS



Musgrave

