



DINNER MENU

STARTERS

Chef's Soup of the Day €6.75
Homemade House Bread Special
1 | 7 | 9 | 12

Smoked Salmon Terrine €12.50
Seaweed & Crayfish Salad,
Scrocchia
1 | 2 | 3 | 4 | 6 | 7 | 10 | 12

The Maritime's Atlantic Chunky Chowder €11.50
"Róisín's" Homemade Brown Bread
1 | 2 | 4 | 6 | 7 | 9 | 11 | 12 | 14

Glenbeigh Mussels Starter €12.50
Parsley, Cream, Shallots & White
Wine Sauce with Crispy Bread Main €18.50
1 | 7 | 9 | 12 | 14

Sticky Honey & Sesame Seeds Chicken Wings Starter €12.50
Main Served with Salad and Fries Main €18.50
1 | 6 | 7 | 10 | 11 | 12

Baked Goats Cheese & Portobello Mushroom €12.00
Beetroot & Roquette Salad
1 | 6 | 7 | 8 | 10 | 12

Pan-Seared Bay Scallops €14.50
Apple Puree, Black Pudding,
Pea Shoots
1 | 3 | 6 | 7 | 9 | 10 | 12 | 14

SIDES

€4.50

Creamy Champ Mash
7 | 12

Panache Vegetables
9

Chips
1

Mixed House Salad
10

Onion Rings
1 | 3 | 7

Allergens

1: Cereals containing gluten | 1w: Wheat | 1b: Barley
| 1o: Oats | 1r: Rye | 2: Crustaceans | 3: Eggs | 4: Fish
| 5: Peanuts | 6: Soy Beans, | 7: Milk/Dairy | 8: Nuts |
8a: Almonds | 8b: Brazil | 8c: Cashews | 8h: Hazelnuts
| 8m: Macadamia | 8pe: Pecans | 8pi: Pistachios | 8w:
Walnuts | 9: Celery | 10: Mustard | 11: Sesame Seeds |
12: Sulphites | 13: Lupin | 14: Mollusc

WE USE 100% IRISH BEEF ACROSS OUR KITCHENS



MAINS

Spiced Lamb Burger €19.50
Mint Raita, Onions & Chips
1 | 3 | 6 | 7 | 9 | 10 | 12

Crispy Castletownbere Fish & Chips €20.50
Sherkin Lass Beer Batter, Tartar
Sauce & Mushy Peas
1 | 3 | 4 | 6 | 7 | 12

Roast Chicken Supreme €21.50
Chorizo & Potato Stuffing, 1000
Leaf Chip, West Cork Whiskey Sauce
7 | 9 | 12

Japanese Katsu Curry €20.50
Jasmine Rice & Pickled Cucumber.
With Chicken or with tofu
1 | 3 | 6 | 7 | 9 | 11 | 12

Mediterranean Pasta €16.50
Roasted Red Pepper Sauce & + Chicken
Garlic Bread €3.00
1 | 3 | 7 | 9 | 12

Stacked Fastnet Signature Irish Beef Burger €19.50
Pulled Beef, Scaramatta Smoked
Cheese, Tomato, Lettuce, Relish,
Brioche Bun & Chips
1 | 3 | 6 | 7 | 9 | 10 | 11 | 12

12 oz Char-Grilled Irish T-Bone Steak €32.50
Flat Cap Mushroom, Choice of two
sides & Choice of Garlic Butter or
Peppercorn Sauce
1 | 7 | 9 | 12

Roast of the Day €19.50
Ask your server
1 | 7 | 9 | 10 | 12

Local Catch of the Day €22.50
Ask your server
1 | 2 | 4 | 6 | 7 | 9 | 11 | 12 | 14

Please let your server know if you have any allergens so they can help you make the best choice as allergen free dishes may be available with substitutes. Traces of any allergen may be found in all dishes, so please specify your allergen to the server to guarantee the kitchen is aware.